People with tobacco-related health conditions are at greater risk of severe COVID-19 illness. Such conditions include:

- Cancer
- Lung diseases
- Asthma
- Diabetes
- COPD

Why are people with tobacco-related health conditions at greater risk of severe COVID-19 injuries?

- COVID-19 makes it harder for the heart to work.
- COVID-19 causes flare-ups of chronic lung diseases.
- COVID-19 affects the respiratory tract, which can increase the risk of asthma attacks.
- COVID-19 weakens the immune system’s ability to fight and recover.

Social behaviors such as sharing e-cigarettes or vaping devices can also increase transmission of COVID-19.

Quitting smoking and using other tobacco products can help prevent respiratory illnesses and protect the immune system. Quit Partner offers many free support options and resources to help people quit smoking, vaping or using other commercial tobacco products in a way that works best for them. Call 1-800-QUIT-NOW or visit www.QuitPartnerMN.com.

References: